

Cumbria Health & Wellbeing Board – Covid-19 Impact update 10th July

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CUMBRIA
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Impacts of Covid-19 pandemic across the lifecycle

○ Symbol indicates PHOF indicator



	Pregnancy	Infancy	Childhood	Adolescence	Adulthood	Elderly
short term	<ul style="list-style-type: none"> Reduced antenatal care Perinatal mental health 	<ul style="list-style-type: none"> Perinatal mental health Breastfeeding support Immunisation uptake Non-accidental injuries 	<ul style="list-style-type: none"> 'Hidden' safeguarding issues Developmental and mental health checks not completed Adverse childhood experiences 	<ul style="list-style-type: none"> Increased negative health behaviours Deferred sexual health services Low mood and High anxiety 	<ul style="list-style-type: none"> Increased negative health behaviours (e.g. substance misuse, alcohol, smoking, gambling, inactivity) amongst some sections of society Paused commissioned lifestyle services, deferred cancer screening/ NHS health checks, reduced health seeking for urgent issues, 'hidden' safeguarding issues Economic uncertainty New anxiety and worsening existing mental illness, PTSD for carers/ health workers and families 	<ul style="list-style-type: none"> Social isolation and loneliness Limited physical activity
medium term	<ul style="list-style-type: none"> Safeguarding risks Risky behaviours (smoking/ alcohol/ substance misuse) 	<ul style="list-style-type: none"> Unplanned pregnancies Admissions for gastrointestinal and respiratory infections Population vaccination coverage reduced and outbreaks 	<ul style="list-style-type: none"> Adverse childhood experiences Unwanted pregnancies, STI diagnoses 	<ul style="list-style-type: none"> Increased demand for mental health services Unwanted pregnancies, STI diagnoses 	<ul style="list-style-type: none"> Fewer recovering from substance misuse, increased BBV infections, adults smoking, adults overweight/obese Cancer screening coverage (breast, cervical, bowel) and late presentation Increased demand for grief and bereavement services, employment/ training support, claiming out of work benefits People with high anxiety 	<ul style="list-style-type: none"> Dementia diagnosis Injuries due to falls Fuel poverty
long term	<ul style="list-style-type: none"> Low birthweight Poor attachment Admissions for deliberate/ intentional harm Smoking at time of delivery 	<ul style="list-style-type: none"> Higher risk of poor mental, physical health, social and educational outcomes 	<ul style="list-style-type: none"> School readiness 	<ul style="list-style-type: none"> Alcohol and substance misuse admissions under 18 Obese children Admissions for self-harm 	<ul style="list-style-type: none"> Increased demand for mental health services Under 75 mortality from cardiovascular and liver disease and cancer Worsening social inequalities Suicide 	<ul style="list-style-type: none"> Increased morbidity and mortality

CUMBRIA RESILIENCE



Impact of virus

Tests



As of 7 June, 2241 positive covid tests in Cumbria.

Mortality



As of 22 May, 478 deaths linked to Covid19.

At the peak in April 178 people were in Cumbria hospitals with confirmed COVID-19.

Lockdown impact



Reduction in demand for medical services

Reduced demand on NHS services, A&E, GPs, and pharmacies.

Persons Shielding

- 22,720 people are on the shielding list.
- Some have difficulty accessing online options or delivery slots from supermarkets.
- Food parcels are being delivered to 4,593 people from the national scheme and 1646 households have had support from local community hubs for assistance with food provision.



Employment

In May 2020 there were 7,640 more unemployment claimants than in March 2020.

64,000 jobs held by Cumbrian residents had been furloughed up to 31 May.

Impact of Covid-19 Cumbria



Mental health and wellbeing

Cumbria police have reported an increase in Mental health incidents including calls relating to being in crises or feelings of wanting to self-harm.

Area teams report an increase in calls and referrals for Anxiety and Mental Health.



Domestic abuse

As of 6 May 2020, recent reporting of

Domestic Abuse has increased during the lockdown period,

a trend which appears to be continuing.



Social isolation

Copeland Housing report that around 80 persons requested weekly call backs due to being isolated.



Safeguarding

Referrals for Children and Adults reduced by 40% at the start of lockdown.

Positive impacts and opportunities

Environmental improvement (eg air quality)



Opportunities for exercise including cycling



Community

New community networks, connection to public sector and collaborative working.

Opportunities through digital

Medical appointments, social activity - keeping in touch and for businesses ways of working.

Increased community tensions

Agencies across Cumbria are reporting increased reports of antisocial behaviour.

There were 1601 recorded Anti Social Behaviour offences in Cumbria in May 2020, compared to 692 in May 2019 (+131.4%).



Third Sector organisations struggling/closing and...

Local businesses struggling/closing



Waste collections and fly tipping

Increase in kerbside collection amounts.

Children not attending school - including SEND and vulnerable



Free school meals

207 new applications accepted.



HWBB relevant impacts – Additional data

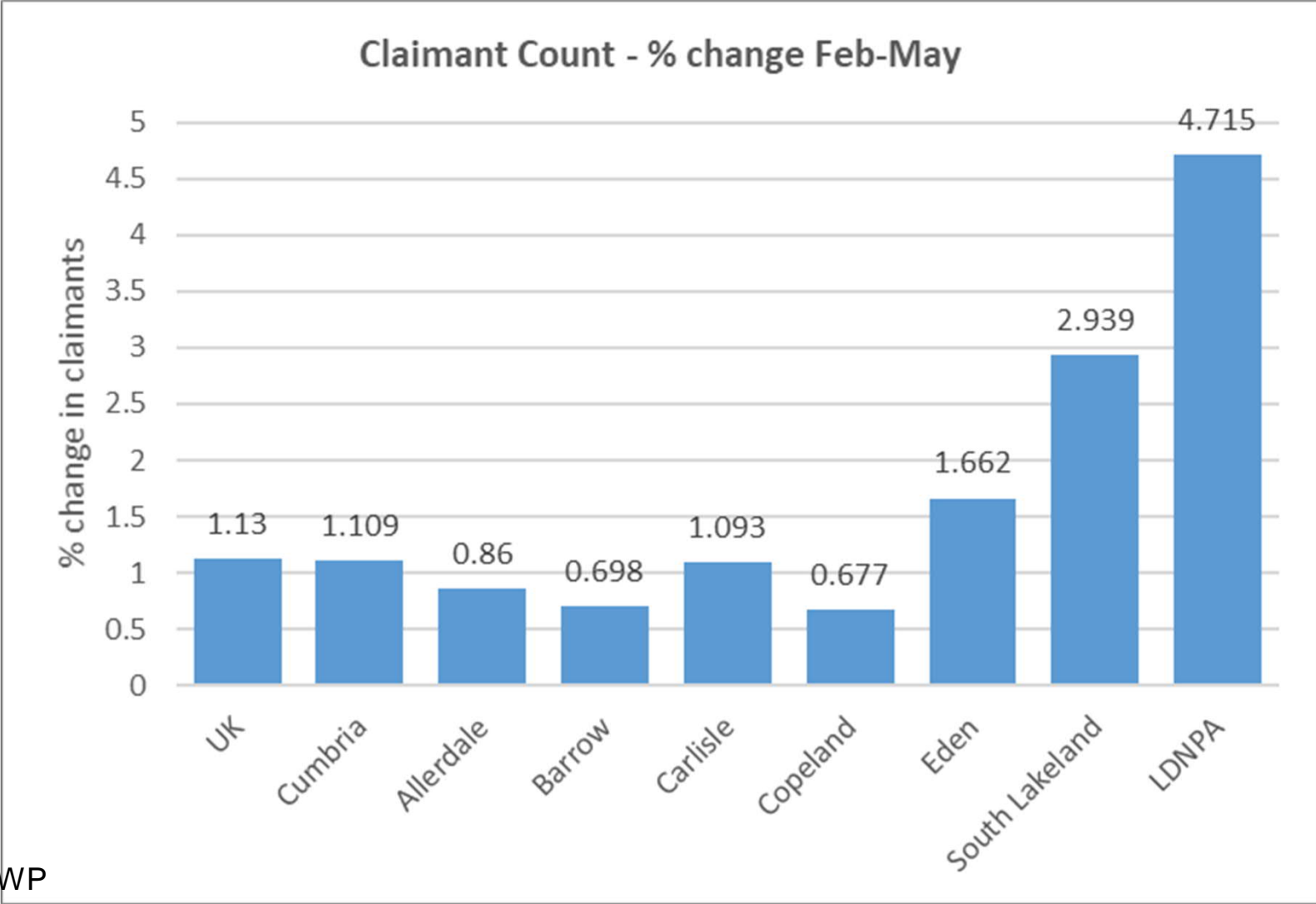
- Mortality in care homes
- Economic impact
- Child emotional health and wellbeing
- Thriving communities
- Inequalities

Mortality in Care Homes

- 223 people deceased in Cumbria older adult care homes were Covid-19 related, either confirmed or suspected
- 283 people deceased in Cumbria care homes were Non Covid-19 related
- At the peak in May 2020, 28 older adult care homes had Covid-19 outbreaks

As of 26 June 2020 – from Care Home dashboard

Economic Impact



Source: ONS/DWP

Emotional health and wellbeing

- Mental health is another significant issue and the effect on the vulnerable through increased isolation, loneliness and neglect is emerging and is expected to increase.
- Anticipated impacts child emotional health and wellbeing in home and education settings
- Bereavement impacts are yet to be evidenced
- In addition, there could be some PTSD evident in frontline workforces in the weeks and months to come.

Thriving Communities/Social Connections

- Loneliness and social isolation increased
- Impact on BAME communities
- Increased Anti Social Behaviour and hate crime incidents
- Increased volunteers
- New and established community groups

Inequalities

- The impact on the education and attainment of all children is still to be explored but expected to increase inequalities

District	All pupils			EHCP pupils*			Pupils with a social worker*		
	No. attended	Number On Roll	% attended	No. attended	Number On Roll	% attended	No. attended	Number on Roll	% attended
CUMBRIA TOTALS	10634	71962	15%	501	3313	15%	421	1716	25%
Allerdale	2055	15091	14%	90	622	14%	78	332	23%
Barrow	1090	9593	11%	67	591	11%	85	359	24%
Carlisle	2552	16262	16%	115	647	18%	95	360	26%
Copeland	1181	9251	13%	119	489	24%	74	254	29%
Eden	1186	7137	17%	29	232	13%	32	96	33%
South Lakeland	2570	14628	18%	81	639	13%	57	237	24%

As of 29th June 2020

* vulnerable pupils who have both an EHC plan and an allocated social worker will appear in both categories