

### Developing a Whole System CYP EWB and MH Outcomes Framework for Cumbria

The start of this work was initially delayed due to the COVID pandemic. In June, a Cumbria wide group was formed with membership comprising

- 0-19 Children and Families Public Health Lead,
- The CYP EWB and Mental Health Public Health Strategic Lead,
- Child and Family Support Providers, My Time (Barnardos),
- Specialist CAMHS Clinical Psychologist (North)
- CYP EWB and MH Programme Lead, Morecambe Bay CCG,
- Senior Commissioning Manager, Children and Families, North Cumbria CCG
- Performance Lead for the Lancashire and South Cumbria CYP Network, Lancashire and South Cumbria NHS Foundation Trust
- Early Help

The group meets monthly.

The group set out to collate what outcomes data was available retrospectively, around a potential cluster of measures and then involve wider partners in a review of usefulness and accuracy, but this has proved a challenge within the time frame. Due to provider changes still bedding in for both Early Help and providers of Specialist CAMHS, systems and data collection processes are not yet in place, or are undergoing major revision and adaptation.

There is a National Mental Health Service Data Set (MHSDS) which NHS Providers, and NHS Commissioned Services (My Time and Kooth) input into, however the data is activity related and whilst there are aspirations to make the MHSDS more outcomes focussed this is in an early stage of development.

For the purpose of developing a Cumbria CYP EWB and MH Outcomes Dashboard, Repository arrangements have been agreed with the North of England Commissioning Business Intelligence team, who will collate data both North and South Cumbria. Partners are working towards data sharing agreements and exploring the development of the required governance processes to ensure that the data can be retrieved.

In line with the THRIVE framework now adopted by over half of all areas in England as the key model to be used in developing and improving Emotional Wellbeing and Mental Health Support Services for Children, Young People, Parents and Carers, we are developing a conceptual model in which to locate the outcome measures in a whole system way. A set of whole system outcomes measures are proposed, and once agreed by partners, plans to collect, collate and import the data from an agreed start date, will be progressed. The detail is contained in the embedded document below.