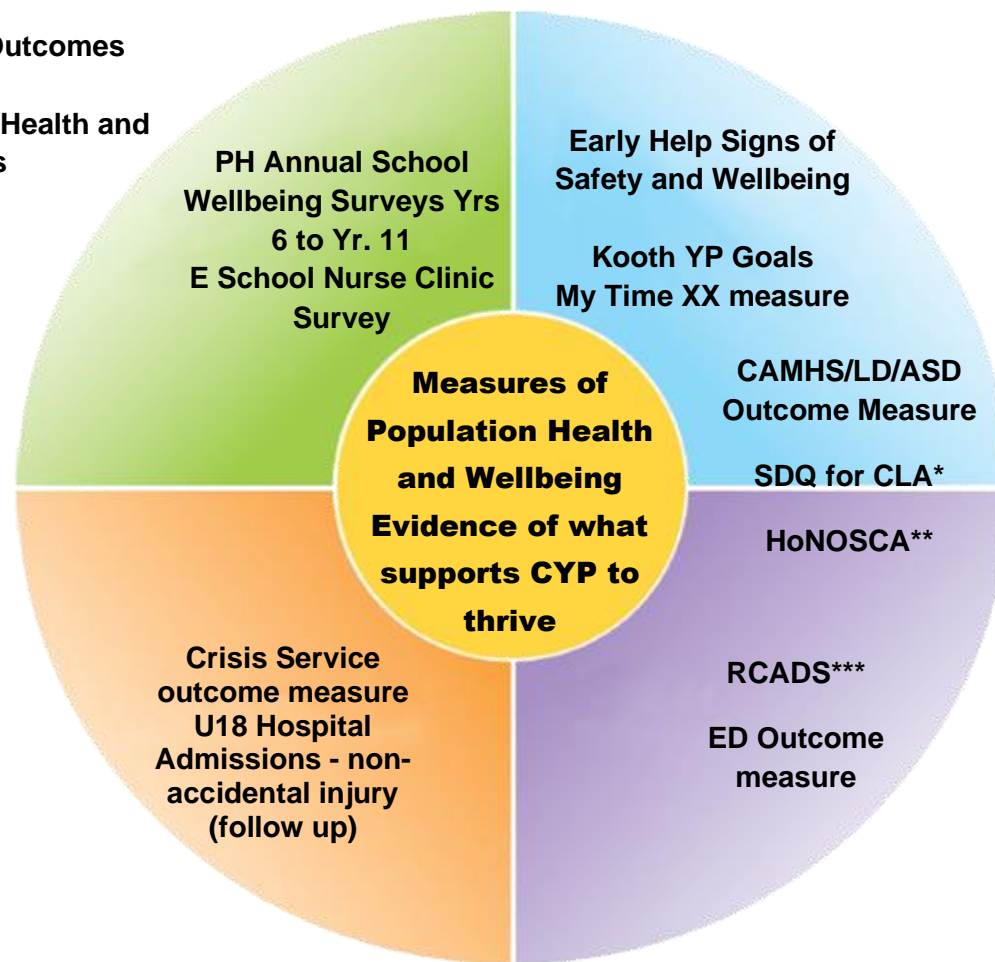


Appendix 3 Cumbria Whole System Outcomes Framework Aligned with the THRIVE Model (Anna Freud Centre)

The THRIVE Framework talks about mental health and mental health support in plain language, is needs-led, as defined by CYP, families and carers, alongside professionals through shared decision making
THRIVE Framework

Cumbria Outcomes Model, Outcomes Measures
 A Range of Population Mental Health and Wellbeing Indicators (Max 10 Indicators)



*Strengths and Difficulties Questionnaire
 **Health of the Nation Outcomes Scales for Children & Adolescents
 ***Revised Child Anxiety and Depression Scale