



North Cumbria
Clinical Commissioning Group

Healthcare For The Future Update

NHS North Cumbria Clinical Commissioning Group
Cumbria County Council's Health Scrutiny Committee

26 February 2018

1. Introduction

The purpose of the report is provide an update to members of Cumbria County Council's Health Scrutiny Committee on progress since the decisions were made following the Healthcare For The Future Consultation on 8 March 2017.

2. Maternity Option 1 – start date for 12 months

At NHS North Cumbria Clinical Commissioning Group's Governing Body on 7 February 2018 it was agreed the 12 month period to test the viability of Option One Maternity should start on 1 April 2018 with progression to Option 1 as soon as agreed implementation plans can be safely put in place

The decision by the Governing Body made on 8 March 2017 did not include when the 12 month period would start but did make clear a number of actions that needed to occur.

These included:

- The establishment of an Independent Review Panel (IRP) of experts.
- An audit of the alongside midwifery led unit at West Cumberland Hospital (WCH) to be undertaken, using a set of pre-agreed criteria.
- An independent Co-production steering committee will be in place.
- The CCG would establish an Implementation Reference Group (IRefG) to oversee all the decisions of the Governing Body from the 8th March 2017.

The referral to the Secretary of State by the Health Scrutiny panel has also concluded.

It was agreed that the start date would be April, 13 months after the decision was taken. Governing Body members also emphasised that the 12 months would not mean a sudden cut off for the service if progress for sustaining the service was being made.

The Governing Body has been very clear that it would like to see the continuation of Consultant-led maternity services at both the Cumberland Infirmary Carlisle and the West Cumberland Hospital Whitehaven provided this can be done safely and sustainably. The main risk to this is if progress on recruitment and retention of staff, not just in Maternity, but in Paediatrics and Anaesthetics is not sufficient to assure the Independent Review Group and ultimately the Governing Body that Option 1 would be sustainable.

The Governing Body also noted that the implementation of Option 1 Paediatrics requires significant recruitment of paediatric consultants while there has been some progress there is still a shortfall in the numbers needed to implement Option 1 Paediatrics. This is required to implement Option 1 Maternity. This also requires the mobilisation of the dedicated ambulance vehicle (DAV) and we have been made aware that this may take longer than initially expected. So there are real risks that

the timeline for implementation of Option 1 Maternity due to the interdependency on the other service may be delayed leading to a longer period of uncertainty for the staff and public.

3. Update on Maternity and Paediatrics

Maternity

Considerable work has been done to develop Alongside Midwifery Led Units (AMLU) at the West Cumberland Hospital (WCH) and the Cumberland Infirmary Carlisle (CIC).

Phase one – implementation of midwife-led care (MLC) on both sites:

- At West Cumberland Hospital (WCH) between 15 June and 15 January 214 women started on the midwife-led care (MLC) pathway and have now given birth, 138 remained on the pathway throughout and 76 transferred to consultant-led care as their status changed.
- At the Cumberland Infirmary Carlisle CIC between 3 July and 15 January 167 women started on the midwife-led care (MLC) pathway and have now given birth, 104 remained on the pathway throughout and 63 transferred to consultant-led care as their status changed.

Phase two – implementation of AMLU's on both sites:

- WCH – Both rooms have undergone upgrade including painting, cupboards removed and medical gases moved. Services started November 2017.
- CIC - expected start – early 2018 – work has been slower.
- Clinical and patient experience audits agreed with Maternity voices (MVP) for phase one. Patient experience audit numbers are low – actions being taken to encourage completion.
- Development of AMLU audit as part of the maternity decision has been co-produced with MVP and other members of the Working Together Steering Group. Pilot implementation started in December with revisions suggested by Independent Review Group (IRG) being used from February 2018.
- Following the decision of the Secretary of State in November 2017 detailed planning work on option one (the transfer of 100/200 births) has started and is developing.

Paediatrics

Plans are progressing to start offering an SSPAU service from 0900-1700 Monday to Friday and this will run alongside the existing inpatient service and does not mean there will be fewer beds.

- Operational policy is being developed – standard operating protocols.
- Six week clinical audit of short stay patients at WCH has been undertaken - it confirms that an average of one child per day will need to be transferred to CIC under Option One – protocols being developed
- Significant work to develop a whole system asthma pathway including partners in the local authorities, Active Cumbria, local sportsmen and women and regional sporting clubs, the Great North Childrens Hospital, schools, local GPs and community teams. The children’s working group of the Working Together Group is supporting this work.

Co-production

The Working Together Steering Group chaired by the Venerable Richard Pratt the Archdeacon of West Cumberland is now well established. Smaller working groups are actively covering – telemedicine, children’s, recruitment and retention, links with new mums through the Maternity Voices Group and care at a distance.

All information from the groups are publicly available at:

www.northcumbriaccg.nhs.uk/ournhs

There has been considerable work to improve the look and navigable qualities of the page to make it easy to use.

Other developments include:

- The co-production of a plan to share information about the NHS Child Health App linking with a newly developed virtual group of organisations supporting children and families across north Cumbria.
- Development of a full system asthma pathway for children with input from the Children’s Working Group
- Raising awareness of the medical education work at UCLan at West lakes Science Park

The next meeting is on 28 February at Allerdale Council Chamber, Allerdale House, Workington.

4. Community Hospitals

Plans describing potential new models of health and care have been developed by the members of the community alliance groups in Alston, Maryport and Wigton. The plans are being reviewed by the Implementation Reference Group (IRefG).

In Alston the beds are currently closed because of staffing challenges, and is operating alternative arrangements with access to beds in residential care. Hospital staff have been redeployed within the community and feedback has been positive.

This has been done with close contact with the community group. A recent community open day attracted more than 150 people.

In Maryport the alliance has been well supported and despite some parts of the community who remain unhappy about the loss of beds, the group issued a statement of support for the plan being developed. A similar engagement event attracted only a handful of people.

An event was held in December in Wigton to encourage wider community groups' engagement.

There has been acknowledgement of the leadership shown by senior clinical nurses and allied health professionals (AHP) leads in working with these community alliance groups to gain their support in developing community based plans.

Work is now focusing on developing operational and financial plans to support the alternative proposals and linking with the development of Integrated Care Communities (ICCs).

5. Integrated Care Communities (ICCs)

Although not part of the consultation itself, the development of ICCs is crucial to deliver the changes planned. The development of ICCs is also closely connected with the community hospital work.

Leadership models for each ICC have been strengthened with a trio of leaders for each ICC representing the community, the county council and GPs. This will enable a closer focus on each ICC developing in line with the needs of the community and at a meaningful pace with connections into the wider system.

More information can be found here www.northcumbriaccg.nhs.uk/iccs

Co-production

A communications and engagement plan has been developed to set out the overall approach for sharing information and working with local people and stakeholders. Each ICC will develop its own individual plan, working with the community to do so.

All communications and engagement plans will be developed in line with the system wide Co-Production Framework currently being developed. Stronger links are being developed with Cumbria Council for Voluntary Service (CVS).

6. Emergency and Acute Services

The new composite workforce is now well established.

Work continues to develop strong links with UCLan at the West Cumberland Medical Education Campus.

High-risk patient pathways are already in place.

7. Emergency Surgery, Trauma & Orthopaedics at WCH

Additional general surgery, out-patient clinics, orthopaedic surgery and minor trauma is now routinely undertaken at WCH.

8. Stroke

The work to develop the Hyper Acute Stroke Unit has moved on with the development of a more flexible staffing model. It is linked to the Early Stroke Supported Discharge.

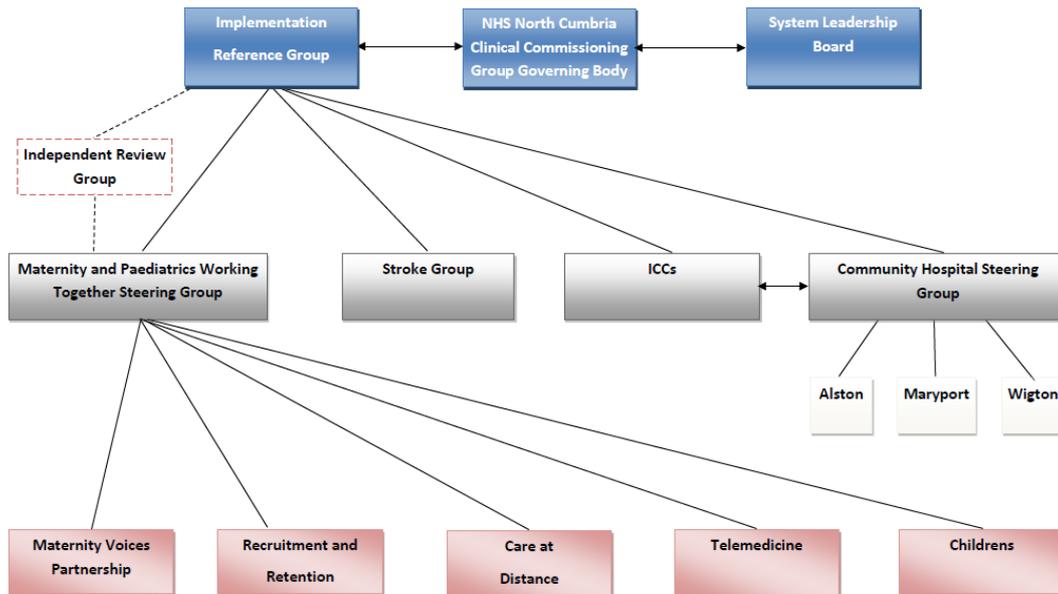
The Stroke Association (SA) is working with the clinical teams involved and will be holding a workshop in March in west Cumbria and April in Carlisle to involve patients, their carers and families in the service development.

They will be open to all interested members of the public.

9. Oversight and Assurance for the Governing Body

When the Governing Body made decisions following the Healthcare For The Future consultation, provision was made for oversight and assurance of the co-production process and to review clinical changes to ensure the new provision was safe.

The governance is demonstrated in the diagram below and has been updated to reflect the formed groups:



For more information contact...

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