



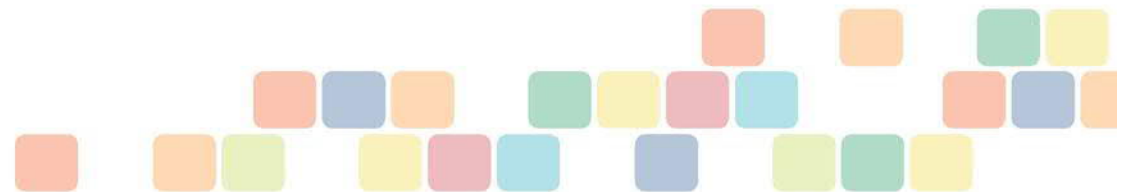
Cumbria Partnership
NHS Foundation Trust



Future of mental health services

Update May 2018

Happier | Healthier | Hopeful



Commissioning Intentions

- As you will be aware, the future of mental health, child and adolescent mental health and learning disability services in Cumbria will be addressed over the coming year.
- Commissioners of current services have confirmed that they need to be delivered into the integrated health and care systems covering North and South Cumbria from April 2019.
- There is also a national focus on improving the quality of mental health services



Where we are now

We have worked with our senior clinicians and commissioners to co-create a set of principles to guide this work

- Patients are at the heart of any future service model and can demonstrate how it will improve their health needs and ultimately the health and wellbeing of communities in Cumbria.
- That the model of care is locally orientated and an integral part of the Integrated Care Community development.
- That the model of care has the ability to retain and attract staff to Cumbria through the development of innovative models of service delivery fit for the future and support career development and progression.
- That it maps the interdependencies between services provided on a countywide footprint such as Cumbria Police, Adult Social Care and Children's Services.
- That they are built on an understanding of Cumbria and on existing relationships North and South.
- There would need to be a compelling case to break up teams who are already effective.



Where are we now

Meetings have taken place with CPFT, commissioners, Northumberland Tyne and Wear NHS Foundation Trust and Lancashire Care NHS Foundation Trust to develop a plan for the next 12 months.

A mental health programme board has been established to oversee a piece of work to review the arrangements in our existing services and develop an outline business case and options appraisal for North and South respectively.

We are currently in the first of four stages of this work – a period of due diligence, where we are looking at each service in more details before we can move on to the next stage of preparing outline business cases for the future of these services.



Timescale

- **April 18 – June 18** – Period of due diligence which will look at the arrangements, risks and dependences of each service in more detail
- **June 18 – September 18** – Preparation of an outline business case for the North and South respectively
- **September 18 – December 18** – preparation of a full business case for the North and South respectively to enable implementation to proceed.
- **December 18 – March 19** – Implementation with a view to commencement from 1st April 2019



Services in Scope & due diligence

Mental health

- ***Inpatient Services***

- Acute Inpatient Units – Yewdale (Copeland), Dova (Barrow), Kentmere (South Lakes) and Hadrian and Oakwood (Carlisle)
- Dementia assessment and treatment units – Ramsey (Barrow) and Ruskin (Carlisle)
- Psychiatric Intensive Care Unit - Rowanwood (Carlisle)
- Acorn Rehab Unit (Carlisle)
- Repatriation Project – Bed management

- ***Community Services***

- Access and Liaison Integrated Mental Health Service (ALIS)
- Adult and Older Adult Community Mental Health Assessment and Recovery Teams (CMHART)
- Adult Psychology
- Adult and older adult medical staffing
- Anorexia Nervosa Intensive Service
- First Step
- Reach Out Delirium Service – WCH and CIC

Learning Disability Services

- Community Learning Disability services for adults and children
- Autism services
- Edenwood inpatient unit (Carlisle)

Child and Adolescent Mental Health Services (CAMHS)

- CAMHS
- ADHD Service
- Crisis Assessment and Intervention Service (CAIS)

We will also look at the impact on dependent services such as Mental Health Act office, physical health psychology



What happens next?

- We are undertaking due diligence – which consists of the arrangements, risks and dependences of each service in more detail.
- We are setting up a Stakeholder Advisory Group to inform this work and have had a lot of interest – this ensures that representatives from different stakeholder groups (including health professionals, third sector organisations and service user and carers) will be involved in the development of the plans and co-production
- During this time we will ensure that staff are informed as and when there are updates.



Stakeholder Advisory Group

- To include representatives from different stakeholder groups (including health professionals, third sector organisations and service user and carers)
- Monthly meetings – following the MH Programme Board Meetings
- Draft Terms of Reference, expressions of interest and chair arrangements



Questions and/or discussion

