

CARLISLE LOCAL COMMITTEE 0-19 GRANT FUNDING

Area	Summary of grant application	Total Project Cost	Amount Requested	Additional Information & Recommendation	Grant Panel Recommendation
Botcherby	<p>Botcherby Community Centre; funding to set up a parent/carer toddler group.</p> <p>The community centre wishes to set up a weekly parent/carer toddler group for local families to access. The session will be run by the community centre and will encourage & support local parents/carers to take ownership so it can become sustainable. The project aims to contribute to the 0-19 priorities;</p> <ul style="list-style-type: none"> • <i>Sessions will offer a healthy snack of fruit, veg sticks and occasionally toast, rather than the traditional biscuit and or cake. Children's refreshments will be low sugar, milk and or water, as opposed to sugary drinks.</i> • <i>Part of the session will take place in the soft play room. This will provide opportunity for, and encourage physical activity whilst having fun at the same time.</i> • <i>Staff/volunteers will signpost attendees to other 'family fitness' activities within the Centre e.g. Junior Gym, Sweaty Mama exercise class and dancing classes.</i> • <i>Mental wellbeing of children and parent/carers will be improved, simply by attending and participating in positive and social group activity. Children are known to adapt 'learnt behaviour' from their peer group; doing so in a safe and welcoming environment will further enhance their experience. Signposting families to other local services/activities such as Barnardos.</i> 	£4,009	£4,009	<p>Breakdown of Project Costs (supported by estimates)</p> <p>Room hire – 3hr @ £8 x 37wk= £888 Session staff - 3hr @ £8.21 x 37wk weeks = £911.31 Project management 1hr @ £15 x 37wk = £555 Refreshments - £5 x 37 wk = £185 Volunteer Exp. £5 x 2 x 37wk = £370 Marketing/publicity = £100 Toys - £1000 <u>Total = £4009.31</u></p> <p>Details of Match Funding The centre will make a contribution</p> <p>Previous CCC Funding 18/19 £6000 joint summer play scheme'19 - Greystone, Petteril Bank, Harraby, and Currock centres. 18/19 £5000 universal youth provision. 2018/19 £1548 towards luncheon club.</p>	£1,800
Morton	<p>Morton Community Centre; funding to run summer play scheme.</p> <p>The centre wishes to host a nine day summer playscheme over a three week period. The playscheme will be delivered by GLL and will be accessible to all children and young people aged 5 -11 years. Based on previous years, around 24 children will attend each day and there will be a parental contribution of £6 per child per day. The project aims to contribute to the 0-19 priorities;</p>	£2,700	£1,000	<p>Breakdown of Project Costs (supported by estimates)</p> <p>Room hire – £360 per week = £1080 GLL staff x 2 @ £15ph x 6hrs x 9 days = £1620 Total £2,700</p> <p>Details of Match Funding Parents will contribute £6 per day per child; estimated income £1,296.</p>	£1,000

	<ul style="list-style-type: none"> • <i>Children attending the playscheme will spend majority of their time engaged in sports or activities designed to keep them active.</i> • <i>We do make time during every session for participants to have a snack, and we do have discussion as to what is defined by a healthy snack. We try to encourage children to differentiate between healthy foods and unhealthy foods without judging what may be in a child's lunchbox. Children are encouraged to eat all of their lunch and to leave the "fun foods" until the end of their lunch.</i> • <i>Set time each day is spent doing arts, crafts and sit down activities. These activities often include work sheets around healthy eating e.g. completing their ideal food plate, fruit and vegetable word searches etc.</i> • <i>Our play schemes are made up of games and activities that are accessible for all. The games are designed to be fun, simple and for a wide range of ages and abilities. We strive to create a stress free environment. The schemes encourage children from a local community to come together in one place, the activities that we deliver enable the children to; work together, develop their potential, build strong lasting relationships with others and play productively.</i> 			<p>Previous CCC Funding 2018 - £200 towards activities for older people 2018 - £1734 towards development costs 2018 - £1250 – towards new chairs</p>	
Belah	<p>Kingmoor Nursery & Infant School PTA; funding to develop an outdoor play area/community space. The PTA have identified a need to improve the outdoor area which is accessible to the school, holiday club, breakfast & after school club, and local community during evening, weekends and holiday periods. The improvements will benefit the school's extended services and local residents who will be able to use the space for recreational purposes all-year round. Due to the current poor ground surface its use is limited to spring/summer months when ground is drier. The project is broken into three phases: 1) Playturf artificial grass to make a large play area to enable larger games & sports to be played and enhance areas around current play equipment. 2) Playturf artificial grass in smaller triangular area to enable smaller games/ individual sports and will increase usage and access of outside stage. 3) Timber Football Goals Ends - to be installed in larger play area to encourage playground games as well as improving football skills. The project aims to contribute to the 0-19 priorities;</p>	£17,690	£10,000	<p>Breakdown of Project Costs (supported by estimates) 1) Playturf for large area £8,280 2) Playturf for small area £4,020 3) Timber Football Goals £5,390</p> <p>Details of Match Funding PTA have fundraised £2,500. School will contribute funding. The PTA is looking for other funders to apply to for match funding.</p> <p>Previous CCC Funding 2016 - £2000 LMS towards water boiler.</p>	£5,000

	<ul style="list-style-type: none"> • <i>The improved outside area will enable local children and families regularly play sports, play, and engage in informal activities to keep them active all year round.</i> • <i>The extended services activities of the holiday club, breakfast club and after school club will benefit from improved outdoor facilities to enable more children to be active, play and engage in informal sports. As the clubs will be able to double their current intake of children due to improved outside area.</i> • <i>The school, PTA and extended services are committed to encourage and support children and families to lead healthier lifestyles and be active to reduce childhood obesity, and increase positive mental health by improving mental wellbeing of children. The improved outdoor area will enhance current healthy lifestyle initiatives and activities, encourage emotional resilience through learning and having fun through play and informal sports with their peers as well as their family.</i> 				
Area Wide	<p>Unisun Athletic Junior Football Club; funding towards summer tournament.</p> <p>This local Junior football club has teams with children and young people aged from 4 years old to 15 years old. The club needs funding towards hosting a two-day summer tournament. Over 500 children and young people aged 4 – 15 years from teams across Carlisle District will participate in the summer tournament at the Sheepmount. The club needs funding to help pay for costs to host the event.</p> <p>The project aims to contribute to the 0-19 priorities;</p> <ul style="list-style-type: none"> • <i>We are running the tournament to help keep children & young people active once their usual football season has finished.</i> • <i>At the tournament we will promote healthier living and benefits of being active with partners and other clubs.</i> • <i>Our club as well as all the other junior football clubs in Carlisle rely on adult volunteers to help coach and run the clubs. The volunteers benefit by being active every week and giving something back to their local community.</i> 	£1,320	£410	<p>Breakdown of Project Costs (supported by estimates) Hire of Sheepmount - £726 Medals & Trophies = £594</p> <p>Details of Match Funding The club has raised money towards the event and there will be an nominal entrance fee for clubs</p> <p>Previous CCC Funding 2018 - £382 0-19 grant towards summer tournament</p>	£410

	<ul style="list-style-type: none"> <i>The children and young people who attend the club benefit mentally and physically by developing team skills, emotional resilience and increased fitness levels, they enjoy coming to the club and being active in a safe, accessible and welcoming environment.</i> <i>The FA has been invited to run their workshop on the day to promote safeguarding and raising positive mental health of children (just waiting for confirmation).</i> 				
Currock / Upperby	<p>The Rock Youth Project; funding for a pilot 'senior plus' youth session</p> <p>The Rock is a youth project running in the south of Carlisle, primarily aimed at young people aged 7-19 living in Currock and Upperby. The youth project is free to attend and 6 weekly Club activities are offered with sports, games, free play, crafts, gardening and cooking skills sessions. We also provide a presence in the community by working with local groups and local schools. We offer a safe environment for children and young people to attend in their local community.</p> <p>There are currently 2 age ranges in the clubs, Juniors for ages 7-11 year olds and seniors for 11-19 year olds. However in the senior group this age range is too big and the project would like to pilot a 'senior plus' session just for those aged 13-19yrs. This would enable youth workers to look at issues such as mental health awareness, sexual health and drug and alcohol awareness. These issues are currently not appropriate to do when we have younger 11 year olds present. The project doesn't want to lose the older age young people who feel that the younger ones dominate. We would like to run a youth club once a week for the senior plus age group on a pilot basis starting in Sept 2019. The funding would pay for the staff hours and resources. The project aims to contribute to the 0-19 priorities;</p> <ul style="list-style-type: none"> <i>The beneficiaries would be those aged 13-19 years old who will take part in informal education during sessions around relevant issues important to them. We hope that by having this additional session the young people would feel valued and also that The Rock is a safe environment for them to ask questions.</i> 	£2580	£2580	<p>Breakdown of Project Costs (supported by estimates) 3 youthworker @ £9.50ph for 2 hours= £57 per week x 40 weeks per year (term time only)= £2280. Resources - £300 Total = £2580</p> <p>Details of Match Funding</p> <p>Previous CCC Funding 2018/19 - £1309 for new equipment. 2018/19 - £3000 universal youth grant</p>	£2,000

	<ul style="list-style-type: none"> ▪ <i>The 'senior plus' session will enable youth workers to work more effectively with the older age group to raise awareness of mental health and wellbeing, build confidence and resilience of young people, and empower young people to develop and deliver activities. During the senior plus sessions we will look at self-esteem and confidence which all links with mental wellbeing. We will also be looking at a range of other issues such as exam stress and drug and alcohol awareness. These contribute to the young people's mental health, by having The Rock and staff who are on hand for a chat young people have the chance to talk about what is going on in their lives rather than bottling it up.</i> • <i>The project does regular cooking sessions which show young people how to make meals that are healthy and easy to make. As part of the senior plus sessions we will be looking at healthy lifestyles and what they look like in more detail and tailored for that age range.</i> 				
Yewdale	<p>Yewdale Community Centre – funding for a pilot programme of additional support to benefit families accessing the nursery.</p> <p>Yewdale Community Centre runs a successful nursery, which is rated as outstanding by Ofsted. Funding is needed to support the nursery's on-going commitment to provide additional support to the most vulnerable children and families. The nursery has been providing some extra support to children and families around a range of issues, including: parenting skills, budgeting, parent partnership workshops etc. This need has increased over time and has led to community centre applying for funding towards the costs to run a pilot programme of activities for a 38 week period. This will be at 5 hours per week to resource, facilitate and deliver 'parent partnership and support workshops'. These workshops will include individual support for vulnerable families and children to provide early intervention at the grass roots level, thus saving costs further down the line. The resources would also enable the Childcare manager to chair and co-ordinate meetings with the families and other partner agencies should further intervention be required.</p>	£6,650	£4,800	<p>Breakdown of Project Costs (supported by estimates)</p> <p>Staff @ 5 hours p/w x 38 weeks to support and facilitate workshops/ support meetings = £3,800.00.</p> <p>Room hire costs for additional rooms for workshops/support meetings = £2,850.00.</p> <p><u>Total = £6,650</u></p> <p>Details of Match Funding £1,850 from nursery fundraising activities and contribution from the community centres own reserves.</p>	£3,000

	<p>This project aims to benefit the 0-19 priorities:</p> <ul style="list-style-type: none"> • <i>Children (and their carers/families) will benefit in the whole, but predominantly those who have been identified as benefiting from the additional support. This includes children accessing the nursery who have early help plans.</i> • <i>This early intervention and support work has wider benefits for the children as they grow, but also will include support for parents around a range of issues that they identify as needing more support with.</i> • <i>The additional support will raise confidence and self-esteem for the parent and child, which can make a long term difference to how they develop as children and access future services.</i> 			<p>Previous CCC Funding 2019 - £300 universal youth grant 2019 - £1000 for new trampoline 2018/19 - £1000 for dementia friendly flooring. 2018/19 - £3540 for screening fencing for nursery.</p>	
Area Wide	<p>Carlisle Youth Zone (CYZ) – funding for holiday hunger project</p> <p>Last year, funded by the DfE, CYZ delivered a successful holiday hunger programme pilot to 25-30 young people aged 8-12 yrs every day whilst fully integrated with our existing holiday provision HITZ. This provided 2 nutritious meals and full wrap round child care with healthy and stimulating activity. From the success of the pilot, CYZ need funding to expand the programme with its HITZ summer holiday programme to benefit children & young people. CYZ with local partners will target those most at need, families will be signposted to the holiday provision which will run from 22nd July to 23rd August for 25 days.</p> <p>The project aims to contribute to the 0-19 priorities;</p> <ul style="list-style-type: none"> • <i>The young people and families will receive the care and nutrition needed but will also receive assistance with fitness, tackling any obesity issues. CYZ has a fully equipped gym with fitness instructors which young people can access and get support in keeping fit and active.</i> • <i>Two healthy and nutritious meals will be served per day.</i> • <i>Support for young people with mental health and building up resilience would be provided by our experienced team (who will know many of the young people already). Young people will be invited to benefit from our volunteer led mentoring programme as appropriate.</i> 	£ -	up to £10,000	<p>Breakdown of Project Costs (estimated to be supplied) Unit cost per YP = £15 per full day with 2 meals. This will cover costs of HITZ staff, catering staff, food and materials. 26 places per day @ £15 x 25 days = £9,750</p> <p>Details of Match Funding HITZ parent fees - £13 per child for full day. Estimated income over 25 days = £2250. United Utilities - £1000. £15,000 in grant applications made – awaiting outcome. Total = £1000 secured, £17,250 awaiting confirmation</p> <p>Previous CCC Funding 2015 - £3,132 universal youth grant 2015 - £1000 0-19 for equipment</p>	£2,500

<p>Harraby South / Harraby</p>	<p>Friends of Dale End Park – 3rd party funding contribution to install a pump track at Dale End Park</p> <p>Funding is being requested to support an application to develop a Pump Track at the park. This track would be for children and young people to use throughout the year and encourage people to get out and use their wheeled transport to improve their skills while providing positive health and wellbeing benefits. The use of bikes and scooters on the track will provide immediate benefits but will hopefully also support young people with the skills and experience to ride bikes as a life-long mode of transport. The funding would be used to support the third party contribution towards a larger bid to the CWMET of £30,000. The group have been working with the City Council Green Spaces team who have identified a suitable contractor to supply & install the pump track. The City Council will be responsible for the future maintenance of the track.</p> <p>This project aims to contribute to the 0-19 priorities:</p> <ul style="list-style-type: none"> • <i>Children young people and families from the Petteril Bank, Harraby South area will primarily benefit from this grant. It will be valued resource that they've identified as being important to them, and will provide positive health and wellbeing benefits as well as being fun.</i> • <i>The track will provide challenges to children and young people in an off road/safe environment when they are riding it. This will improve their co-ordination skills and abilities for bike riding, which can then be transferred to riding the bikes on the road as a form of transport, giving them greater confidence and improving their safety when riding.</i> • <i>This application supports children and young people to take part in free outdoor active activities. This can be under direction, but in the main it will be free time and available to use at all times, supporting children and young people to be healthy and take part in healthy activities. This supports the county councils agenda in reducing childhood obesity and it also provides positive mental health.</i> 	<p>£49,325</p>	<p>£4,933</p>	<p>Breakdown of Project Costs (supported by estimates) Option 1 – 35m x 15 m track = £32,675 Option 2 – 55m x 30m track = £49,325</p> <p>Details of Match Funding £30,000 grant application submitted to CWMET – awaiting outcome. £3000 - City Council, and they will maintain the track.</p> <p>Previous CCC Funding None – new applicant</p>	<p>£3,000</p>
--------------------------------	---	-----------------------	----------------------	--	----------------------

<p>Dalston & Burgh</p>	<p>Bees Youth Club – towards costs of outdoor instructors for annual residential</p> <p>Bees Youth Club is for young people aged 7 – 14 years living in and nearby the village of Beaumont. The club is run by volunteers, and offers young people to play and socialise, take part in crafts and informal sports, go on trips.</p> <p>The club needs funding towards the costs of its annual summer residential, specifically for the cost of qualified outdoor activity instructors. This will enable the young people to benefit from participating in outdoor activities such as ghyll scrambling, kayaking, climbing, abseiling etc., These activities give young people the chance to learn new skills, challenge themselves and do something perhaps they've never had the chance to do.</p> <p>This project aims to benefit the 0-19 priorities:</p> <ul style="list-style-type: none"> • <i>Through attending a youth residential and participating in activities young people are given chance to work independently and as a team, learn new skills, have fun and develop their confidence and self-esteem. This has a positive impact on their mental and physical health & well-being.</i> • <i>The food provided at the accommodation is home-cooked, healthy, nutritious food and all young people are encouraged to help with meal-planning. During this exercise and at meal times we can discuss healthy eating and benefits of a healthier diet and being active.</i> 	<p>£2,785</p>	<p>£1,050</p>	<p>Breakdown of Project Costs (supported by estimates)</p> <p>Quote 1: Cost of activities £25 per day Quote 2: Hire of cottage 4 nights £480 Quote 3: Cost of activities for 14 children £1050</p> <p>Details of Match Funding (where necessary)</p> <p>Shortfall to be met by club funds from subscriptions and parents contributions</p> <p>Previous CCC Funding 2018 - £1250 towards residential 2016 - £1320 towards residential 2015 - £1218 towards residential</p>	<p>£1,050</p>
<p>Dalston & Burgh</p>	<p>Dalston Recreation Association – towards costs for play equipment for older children</p> <p>Dalston Recreation Association is a small group who manage the centre in the village. This is a very busy centre, used for many activities. They have recently refurbished their play area and would like to add equipment for older children to this. Their neighbouring tennis club and bowling club would also benefit from this as they have numerous junior teams who also use the facilities in the early evening.</p> <p>Visitors and spectators would be able to use this equipment too for warming up and/or general fitness.</p>	<p>£6,642</p>	<p>£5,000</p>	<p>Breakdown of Project Costs (supported by estimates)</p> <p>Quote 1: cross trainer and associated works including installation of safety material around equipment £5535.30 +VAT = £6,642</p> <p>Quote 2: 2 fitness equipment = £3,948 inc.VAT, but this does not include grass matting or installation</p>	<p>£2,000</p>

	<p>Dalston is a very popular village which is visited for many reasons, and the play area is very well used. It is maintained by volunteers who are very committed to keeping facilities accessible and enjoyable. The park is never closed so available 365 days per year.</p> <p>The project aims to contribute to the 0-19 priorities;</p> <ul style="list-style-type: none"> <i>The improved outside area will enable older local children and families to regularly exercise, play, and engage in informal activities to keep them active all year round.</i> <i>The recreation centre and their volunteers are committed to encourage and support children and families to lead healthier lifestyles and be active to reduce childhood obesity, and increase positive mental health by improving mental wellbeing of children through regular exercise. The improved outdoor area will enhance current healthy lifestyle initiatives and activities, encourage emotional resilience through learning and having fun through play and informal sports with their peers as well as their family.</i> 			<p>Details of Match Funding (where necessary) The group will contribute from their funds and have received a grant of £670.</p> <p>Previous CCC Funding 2017-18 £400 towards security equipment 2015-16 £300 towards replacing wooden frontage.</p>	
--	--	--	--	---	--