

Forum Area or Division:	Carlisle - Carlisle Wide
Reference:	CGA/433-21
Group Name:	Cumbria Family Support
Community Development Officer:	Joanna Coleman
Community Development Assistant:	Susan Smith
Amount Requested:	£6,400.00
Total Project Cost:	£19,220.00

APPLICATION REPORT

Application Summary

This is a registered charity based in Cumbria, who provide essential home-based support for families across Eden, Carlisle and Allerdale. The organisation support families who are experiencing difficulties, helping children and parents to work through challenges and sustain positive changes. They support families through home-based help provided by employed support workers and a network of trained volunteers.

The pilot project will be delivered over a 3 month period "Family Support - COVID Recovery". The project will have two elements

1. Reducing Parental Conflict - Support Surgery: Providing support for parents in conflict via a telephone and/or video call service. The surgery will support parents who have contacted the `Safeguarding Hub` about contact between their children and a non resident parent. The project would build on Cumbria County Council's "Reducing Parental Conflict (RPC) Programme". The CFS pilot project would aim to reach 10 families and support up to 30 individuals in Carlisle. CFS parental support "surgery" has been agreed by safeguarding sub staff to be an ideal resource that will free up time for staff to deal with pressing Safeguarding matters. It will also provide additional capacity in developing and rolling out the Cumbria County Council's RPC Programme. As a member of the RPC steering group, CFS are aware of the increasing tensions within families due to ongoing pressures of lockdown, home-schooling, and in the present and longer term, financial hardship due to COVID.

2. My Own Guide Programme Carlisle:

Building emotional well being and resilience of children and young people, alongside their parents/carers. The project will be delivered in partnership with ICAN. The My Own Guide (MOG) programme will provide 12 sessions and aim to support 20 participants in Carlisle (parents and children). ICAN will deliver bespoke courses for families' with the aim of improving their ability to cope with the pressures of the pandemic. The programme will be adapted to ensure the physical

activity element is tailored to suit the needs of all beneficiaries, and is accessible whatever the restrictions are at the time.

Key Themes Met

Number of People Benefiting

10- 50

Breakdown of Project Costs

provided

Previous CCC Funding

Grant Amount Recommended

6,407

Officer comments

application also being considered by allerdale and eden local committee

Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel

Member Signature:

Date: