



Barrow Local Committee

Lisa Handley, Assistant Director
Michelle Doherty, Service Manager

0-19 Child and Family Support Service

15th November 2021



Who are Family Action?

- ❖ National Charity started in 1869
- ❖ Been in Cumbria since 1st Jan 2020
- ❖ Charity of the Year winner 2021



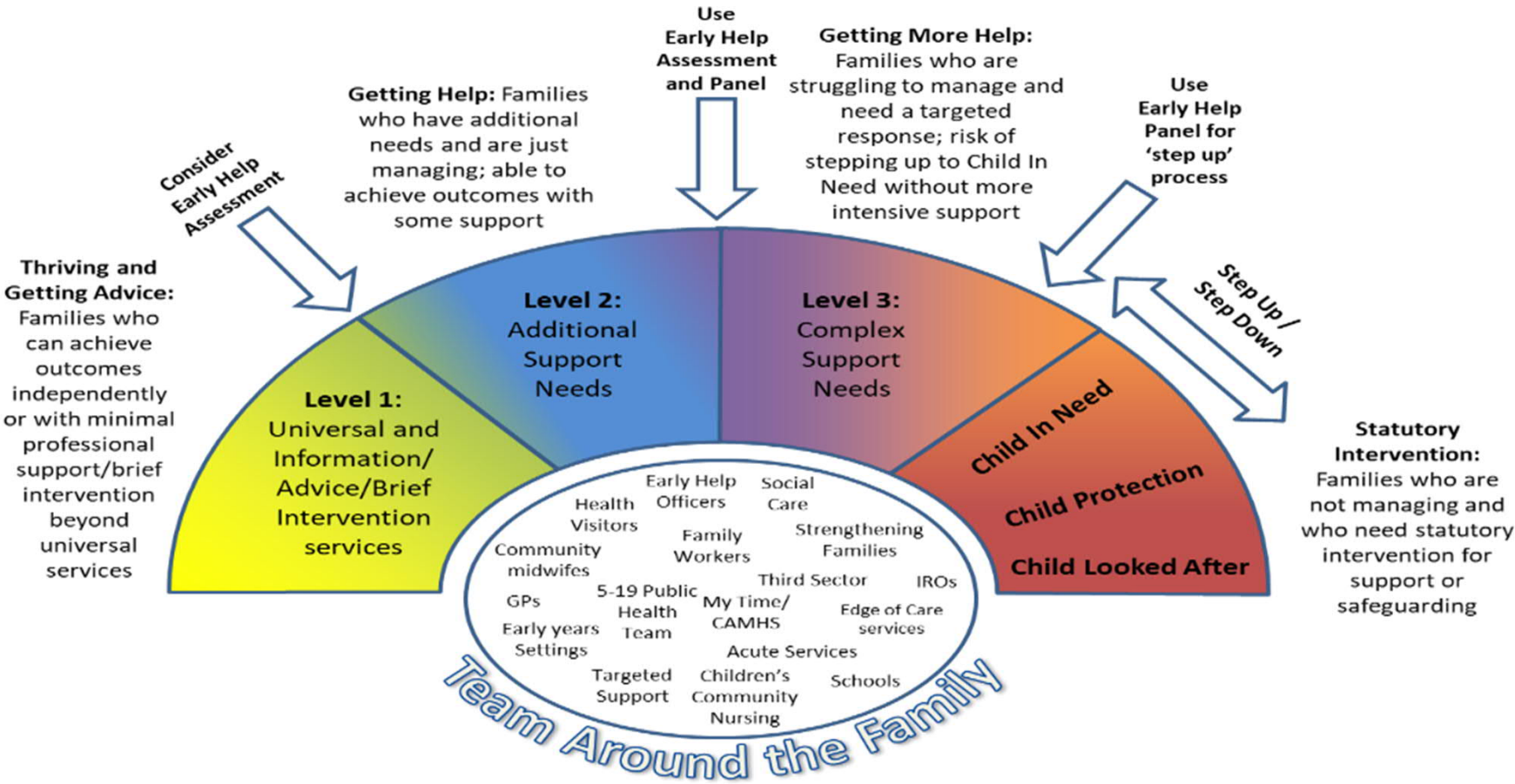
Family Action in Barrow



- ❖ Staff
- ❖ Centres
- ❖ Service Delivery



Service Levels



Service Delivery



In the next Quarter:

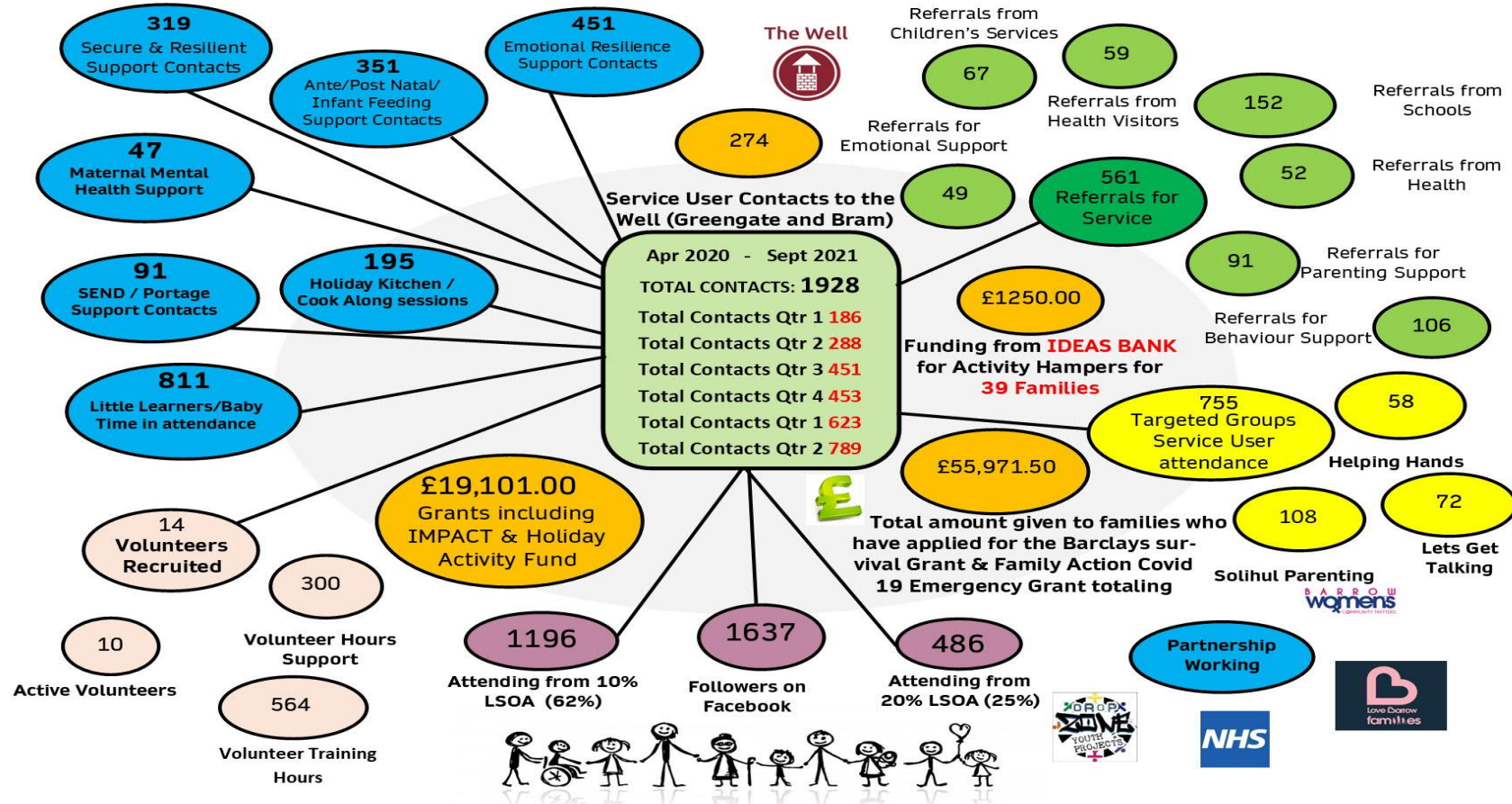
- ❖ Mums Minds Matter
- ❖ Family Support*
- ❖ Baby Time
- ❖ Little Learners
- ❖ Early Days Workshop
- ❖ Infant Feeding Group
- ❖ Portage
- ❖ Solihull – approach to parenting*
- ❖ Drawing and Talking*
- ❖ Helping Hands
- ❖ Domestic Abuse Recovery Toolkit – children*
- ❖ Eat Well, Live Well
- ❖ Holiday Kitchen
- ❖ Decider Skills*
- ❖ Finding your Way*
- ❖ SEND support group
- ❖ Lets Get Talking
- ❖ Schools Transitions Group
- ❖ Jellybean Jamboree
- ❖ ACEs Recovery Toolkit*
- ❖ Holiday Cook along*
- ❖ Positive Teen*
- ❖ Solihull - understanding your Brain (for teenagers)*



So what?...



Barrow 0 –19 Children & Family Support Service April 2020 - September 2021



Feedback from our families



Post Natal Infant Feeding Group

Feedback from Mum - 'I have gained confidence and I continue to breastfeed for longer because of the support I got from this group'

Solihull Programme 1-1

Feedback from Mum - 'I knew were meant to have a routine, but I just didn't know what it was, they have really enjoyed playing downstairs and have stopped trashing their bedrooms all the time. I think they maybe had too much time in their rooms without me. I have started making little games to make them interested when I am making their packed lunches or getting the tea ready.'

Emotional Resilience Child and Young Person Group

Feedback from Teaching Assistant - Child B's confidence has significantly changed since joining the Drawing and Talking groups. Her behaviour in the classroom and with her peers is much more confident and positive.

Targeted Transition Support Group

Feedback from Child - Knowing that talking to someone when you are down has really helped me not to worry when in school'.
'I properly learnt how to keep my mental health right'.
'I learnt not to jump to conclusions'.



Where next for Barrow services?

Challenges / plans

- ❖ Local need
- ❖ Demand for child and family support services
- ❖ New services
- ❖ Partnership working
- ❖ Local Government reorganisation
- ❖ What do you need from us as a provider? Key people within the conversation



Family Action won 'Charity of the Year Award' at the
Third Sector Awards in September.

The judges said –

'An excellent response to the pandemic with
appropriate and timely new services being delivered.
It is clear the passion drives this charity.'

Thank you and any questions?





Early Years



Children &
Families



Adult Mental Health
& Wellbeing



Grants

www.family-action.co.uk