

<b>Forum Area or Division:</b>	Eden - Eden
<b>Reference:</b>	CGA/1334-22
<b>Group Name:</b>	PAUSE Services CCC
<b>Community Development Officer:</b>	Kellie Bradburn- Sims
<b>Community Development Assistant:</b>	Lucy Tonkin
<b>Amount Requested:</b>	£11,040.00
<b>Total Project Cost:</b>	£66,237.00

## APPLICATION REPORT

### Application Summary

PAUSE is a charitable organisation: [www.pause.org.uk](http://www.pause.org.uk) that works with women who have experienced, or are at risk of, repeat removals of children from their care. Through an intense programme of support, PAUSE aims to break this cycle and give women the opportunity to reflect, tackle destructive patterns of behaviour, and to develop new skills and responses that can help them create a more positive future. In doing so, they prevent the damaging consequences of thousands more children being taken into care.

In Cumbria PAUSE are seeking funds to support a pilot project which will provide a countywide Pause Practitioner. The organisation have submitted a joint application for funding to the 6 local committees of Cumbria County Council. The post would be a peripatetic role covering the county, delivering the Pause service to some of the most high risk and vulnerable women in our communities. The post will be for 18-month, scheduled to start in January 2023.

The aim of the programme is to prevent the damaging consequences of thousands of children being taken into care each year. The outcomes they achieve for women and children is through collaborative working with local authorities and other partners. Pause is an intensive 18-month programme with a therapeutic, practical approach which also focuses on behavioural support using an integrated model. All practitioners have small case loads of 7 or 8 women.

The programme was brought to the west of Cumbria in 2017 and due to it's success was extended to the north and the south in 2019. In Cumbria, the criteria for access to the programme is 2 or more children removed within the last 5 years.

- In 2017, 68 women were identified with 250 children removed.
- In 2019, 169 women were identified with 501 children removed.
- In 2020, 162 women were identified with 491 children removed.

Since 2017 Pause Cumbria has worked with a total of 72 women who were open to the programme with 238 children removed.

What does a Pause Cumbria woman look like?

- Removed from care of own parent(s) as a child.
- Experienced neglect, sexual and physical abuse as a child.
- Intergenerational neglect.
- Experienced/experiencing Domestic Abuse.
- Mental Health Issues.
- Self-harm.
- Alcohol and substance misuse and dependency.
- High financial debt.
- Extensive and multiple service involvement up to removal of children.
- Poor self-esteem and self-image.

The countywide practitioner will be responsible for planning and delivery of the programme, establishing specialist group

work, looking at specific areas such as trauma and loss, positive relationships, health and wellbeing and adoption support. Provide crisis management, access to universal services, creative systemic work to rebuild relationships and strengthen family networks. They will also signpost to specialist services and network with other partners to gain expert knowledge and be proactive within the local area. Ultimately the programme delivery and support of the organisation will give long term benefits in reducing the number of pregnancies that result in children going into care.

**Key Themes Met**

Pause Cumbria contributes to the following Strategies:

- Cumbria Council Plan 2018-2022
- Cumbria Joint Health and Wellbeing Strategy 2019-2029
- Cumbria Joint Public Health Strategy 2019
- Cumbria Police and Crime Plan 2021-2025
- Cumbria's Children and Young People's Plan 2019-2022

**Number of People Benefiting**

1-10

**Breakdown of Project Costs**

Practitioner Costs for 18 month Pause Programme

Salary including on costs £63,612

Travel £2,625

Total Project Costs £66,237

Local committee contribution per district; £11,040

Eden Local Committee £11,040 awaiting decision

Carlisle Local Committee £11,040 awaiting decision

Allerdale Local Committee £11,040 approved

Copeland Local Committee £11,040 approved

Barrow Local Committee £11,040 awaiting decision

South Lakes Local Committee £11,040 approved

**Previous CCC Funding**

None

**Grant Amount Recommended**

£11,040

**Officer comments**

**Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel**

**Member Signature:**

**Date:**